

Cleansing Prayer

Healing the Amygdala – the Emotional Stronghold of the Brain

***The Blotting Out of Sin in Order to
Hear the Voice of God***

Preparatory to Receiving the Seal of God and the Latter Rain

By Jean Marie Smith, Nov. 12, 2016

1. *Ask the Lord to help you identify hurtful memories and negative and sinful thoughts, feelings and behaviors, including any resentment you may have against others. He may bring it to mind immediately, or circumstances may later trigger memories.*

2. *Ask the Lord to help you identify the roots of the sins and the lies behind them.*

3. *Confess your sins to the Lord. Include your coming under demons associated with negative and sinful thoughts and feelings or under the demons of others. Remember that if your thoughts and feelings are not in harmony with the fruit of the Spirit as described in Galatians chapter 5, then it needs to be confessed and cleansed in order to meet a holy God. “The fruit of the Spirit is love, joy, peace, patience [longsuffering], kindness, goodness, faithfulness, gentleness, [meekness], self-control.” Galatians 5:22, 23.*

Additionally, generational sins passed on to you “from the third and fourth generation” need to be confessed if you have followed them.

4. *Ask forgiveness for your sins and for Jesus’ blood to cleanse and cover all unrighteousness within and to blot it out of the books in heaven.*

5. *Ask Jesus to cast all the demons to the Abyss, to be bound there until the Day of Judgment, without going to anyone else.*

6. *Ask the Lord to cleanse and blot out sins from your will, amygdala [feelings and impulses], inclinations and desires.*

7. Ask the Lord to cleanse your memories, and remove the lies and deceptions.

Claim Isaiah 26:12-14:

“LORD, you establish peace for us; all that we have accomplished you have done for us.

LORD our God, other lords besides you have ruled over us, but your name alone do we honor.

They are now dead, they live no more; their spirits do not rise.

You punished them and brought them to ruin; you wiped out all memory of them.”

8. Ask the Lord to fulfill His covenant promise in you by recreating Christ’s character inside you as He writes His law of love, the Ten Commandments, on your heart. *“‘This is the covenant I will make with the people of Israel after that time,’ declares the Lord. ‘I will put my law in their minds and write it on their hearts. I will be their God, and they will be my people’”* Jeremiah 31:33.

9. Pray for the Lord to seal you into His truth—your thoughts, feelings, impulses, inclinations and will.

10. Ask for the Latter Rain to be poured into your heart.

11. Ask the Lord to remind you to reveal when you are tempted to revert back to any confessed area. Claim Isaiah 30:21: *“Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, ‘This is the way; walk in it.’”*

12. Pray for the Lord to lead you to a specific Bible promise to claim—one that brings your thoughts and feelings into agreement with the mind and heart of God.
