

## Prayer Focus

As women we are called to pray, and Ellen White, a woman of prayer, gives us this counsel:

There is no time or place in which it is inappropriate to offer up a petition to God. There is nothing that can prevent us from lifting up our hearts in the spirit of earnest prayer. In the crowds of the street, in the midst of a business engagement, we may send up a petition to God and plead for divine guidance as did Nehemiah when he made his request before Artaxerxes. A closet of communion may be found wherever we are. We should have the door of the heart open continually and our invitation going up that Jesus may come and abide as a heavenly guest in the soul (Ellen G. White, *Steps to Christ*, pp. 98, 99).

Our focus this year is **Prayer for the Cities**. Suggestions for how to pray for the cities include:

- Pray for the leaders
- Pray for stability and peace
- Pray for religious tolerance
- Pray for fathers and families
- Pray for the women
- Pray for the children
- Pray for health
- Pray for education
- Pray for the homeless
- Pray for the fatherless
- Pray for the lost

Always remember the six issues that impact women globally and keep them in constant prayer.

1. Abuse
2. Poverty
3. Health
4. Illiteracy
5. Workload
6. Leadership opportunities

“Let sincerity and faith characterize your prayers. The Lord is willing to do for us ‘exceeding abundantly above all that we ask or do.’ Ephesians 3:20. Talk it; pray it” (Ellen G. White, *Testimonies for the Church*, vol. 7, p. 273).